

# Types of the skin

## **Normal:**

The skin is soft, supple and smooth. It is fine-textured and free of blemishes (with the exception of periodic blemishes). It has a nice glow and never feels oily or dry. Less than twenty percent of women have this skin type. If this is your skin type you are fortunate; however, this does not mean that you should not take care of it.

## **Dry:**

This type of skin has a fine texture and is transparent looking. It feels tight and drawn without moisturizer and tends to have fine lines around the eyes and mouth. It feels especially dry after washing and may have whiteheads around the eyes and dry patches. This type of skin needs proper care because it shows signs of aging early.

## **Oily:**

The oily complexion is greasy, sallow and coarse. It has large pores and tends to have pimples, blackheads and whiteheads. Within hours of washing the oiliness will reappear and makeup is usually absorbed quickly.

## **Combination:**

This type of skin is oily in the T zone and the rest of the face is dry. The T zone is the forehead, nose and chin. The extent to which both areas are dry and oily may vary; however, both areas require a separate cleaning routine to restore them to balance.

## **Problem Skin:**

Problem skin is usually oily and has a coarse texture and is subject to acne. It has large pores, blackheads, red blotches and may become more irritated under stress. If the problem is serious it will require the assistance of a dermatologist.